

# COACHING & MENTORING FOR TEACHERS

## How to Get the Very Best Out of Your Teaching Team

### Course Overview:

Coaching and mentoring has proven benefits for the performance of any school. It is concerned with improving performance and enabling staff with their continuing learning and development. It is about helping another to create their future. It is achieved through mutual respect, support, challenge and encouragement between the people involved.

It brings mutual and tangible professional and personal benefits to all involved – both to the senior leadership team and the staff, in school and at home - including improved levels of performance, knowledge, skills, leadership, commitment, confidence and motivation.

In this course you will learn effective tools, techniques and tips for effective coaching and mentoring within your school team.

### This course will show you:

- The benefits of embracing coaching and mentoring in your school, for the senior leadership team, the staff and the school as a whole
- The different types of coaching and mentoring applicable within the school setting, including peer-to-peer coaching and mentoring
- The role of mentor, coach, counsellor, trainer – what's the difference
- The skills and characteristics of an effective coach-mentor
- What coach-mentors do: how to apply the skills of good coaching and mentoring, including active listening, effective questioning and giving feedback
- Several coaching-mentoring models useful within the school setting
- Effective goal-setting and problem solving approaches
- Coaching and mentoring do's and don'ts



“Very informative course and great to get so many useful resources.”

“Thoroughly enjoyed the course. I will put things into practice immediately. Thank you very much.”

